

*Have you heard
about the Raw
Food Diet and
want to know
more about what
it is and how to
get started?*

There are several options
to choose from to begin
exploring the
Living on Live Food
Lifestyle thru a
Raw Food Diet:

- Personalized Phone Consultation
- Raw Food Sampling Party
- Level I: Living on Live Food Chef Certification
- Level II: Living on Live Food Instructor Certification
- 30 Day Challenge Raw Food Potlucks

*Contact me to start
your journey
towards a healthier
more beautiful and
radiant you!*

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Check out my website @

www.rawteacher.com/dawntetzlaff

visit my on-line store

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Dawn Tetzlaff



Raw Food Lifestyle Coach

*Are you searching for a
way to lose weight, heal
your body, have more
energy and achieve
optimal health easily
and naturally?*

PERSONALIZED PHONE \$50**CONSULTATION** (30 minutes)

Have your initial questions answered and learn more about the Living on Live Food Lifestyle and which program would work best for you.

RAW FOOD SAMPLING (2hrs.) \$20/person

Taste a sampling of delectable Raw Food Delights that will leave you wanting more. Learn about the benefits of Living on Live Foods and how it can change your life.

ONE-ON-ONE CONSULTATION (3hrs.) \$300

This is a personalized service offering all the guidance you need to successfully start your Raw Food Lifestyle. From setting up your kitchen, planning your weekly menus, and food preparation, we cover it all.

30 DAY CHALLENGE POTLUCKS

(weekly) \$50/person

Once you've made the commitment to Live on Live Foods for 30 days, these potlucks make it easy. Join others on the 30 day challenge to prepare dishes for the week so you can stay on track and keep your motivation.

This class covers all the basics of how and why to begin your Living on Live Food Journey. Topics to be covered are:

- What a raw & living food diet is
- How to prepare delicious raw food meals simply & easily
- How to shop for raw foods
- How to set up your environment and kitchen
- Necessary tools & equipment needed
- Information about Level II Certification

**This class is the prerequisite to the Level II Certification*

When you're ready to take your Raw Food Lifestyle to the next level this is the class for you. You'll learn how to elevate your raw food meals and your life on live food. If you so chose, you can even learn how to teach others about Living on Live Food and earn an income while doing it. Topics to be covered are:

- Preparing elegant gourmet raw food meals
- How to stay raw and encourage others to remain raw
- Detoxing (physically & emotionally)
- Adjusting your live food diet for specific results
- How to teach others about Living on Live Food and the Level I Chef Certification Class

...and so much more

**CHECK OUT www.rawteacher.com/dawntetzlaff FOR A CURRENT CLASS SCHEDULE
PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES!**